

A REMEMBRANCE GATHERING
Honoring a Life
OF SERVICE & TEACHING



ROLF SOVIK

APRIL 8TH, 2026
11:00 AM

The Himalayan Institute
AUDITORIUM



1947

2026



PRELUDE



The Swan (Le Cygne) by Camille Saint-Saëns
ROLF SOVIK, *cello*

Recorded at the Meditation Center, Minneapolis, 1984

WELCOME

GREG CAPITOLO

LIGHTING OF THE FLAME

ISHAN TIGUNAIT

TEACHER, GUIDE, AND FRIEND

GREG CAPITOLO

THE GIFT OF FAITH AND STEWARDSHIP

ISHAN TIGUNAIT

BUFFALO YEARS

MARK CHASON

A PERSONAL TRIBUTE

ARADHANA PETRYSAK

A STUDENT'S TRIBUTE

LEORA SANCHEZ

HI EUROPE TRIBUTE

LOUISE ABBOTT-ALBERTS &
HI BRUSSELS COMMUNITY

INTO THE LIGHT

RICHA ELAND

LEGACY OF KINDNESS

CURT VON DIEST

PARTNERSHIP IN DEVOTION

MARY GAIL SOVIK

HONORING A LIFE OF SERVICE

PANDIT RAJMANI TIGUNAIT

CONCLUDING PRAYER

Pandit Rajmani Tigunait



*Y*OU SPEAK SINCERELY,
BUT YOUR SORROW HAS NO
CAUSE. THE WISE GRIEVE
NEITHER FOR THE LIVING
NOR FOR THE DEAD. THERE
HAS NEVER BEEN A TIME
WHEN YOU AND I AND THE
KINGS GATHERED HERE HAVE
NOT EXISTED, NOR WILL
THERE BE A TIME WHEN WE
WILL CEASE TO EXIST. AS THE
SAME PERSON INHABITS THE
BODY THROUGH CHILDHOOD,
YOUTH, AND OLD AGE, SO TOO
AT THE TIME OF DEATH HE
ATTAINS ANOTHER BODY.
THE WISE ARE NOT DELUDED
BY THESE CHANGES.

BHAGAVAD GITA 2.11-2.13

OCTOBER 24
1947

JANUARY 29
2026

